

Author Guidelines

About SASEM Vitals

SASEM Vitals is the official publication and the voice of the Saudi Society of Emergency Medicine (SASEM). The goal of SASEM Vitals is to advance education, clinical practice of emergency medicine, and to serve as a voice for the emergency medicine community.

We provide you with a set of guidelines for preparing your piece.

Articles must be submitted in Microsoft Word format, using the following parameters:

1. Single spaced without paragraph indent.
2. Include author name(s), title(s), institution(s), and Twitter handle (if available).

Example: Jameel Bakhsh, MBBS FACEP University of Sinus Rhythm, Jeddah @SASEMNewsletter.

3. Author specifications: Number of authors included in the article *must not exceed 3 authors*. At least 1 author should be emergency medicine board certified and actively working as an emergency medicine senior specialist, consultant, assistant professor, associate professor, or professor. (affiliations must be described for each author). We encourage and welcome medical students, interns and residents to write for SASEM Vitals.
4. References should follow *American Medical Association (AMA)* format and should be listed and numbered at the end of the article according to the sequence in which they are cited in the text.
5. The article must be at least 400 words, but no more than 1,000 words (*exceptions granted by the editorial board*).
6. For articles including images (EKG, Ultrasound, Clinical finding, etc), do not include more than 400 words.
7. It is preferred to include original images. However, if images from other sources are used, written permission must be obtained by the author and included in the submission.
8. Images must be at least >350 ppi for publication. Acceptable file formats for images: .eps, .jpg, .psd, .tif.
9. Patient written permission is required if the patient is identified.
10. All abbreviations should be defined (spelled out) at initial mention in the manuscript; obscure abbreviations should be avoided. Measurements should be given in standard international units and generic drug names should be used.

Article categories include

Clinical Review Article	This is an up-to-date review article on a topic of general common interest from the perspective of emergency physicians (consultants/residents). The focus should be an update on the current understanding of the physiology, diagnostic consideration, and treatment. These reviews should address a specific question or issue that is relevant for clinical practice. Minimum word count: 400. Maximum word count: 1,000.
Clinical Image Article	Presents an actual patient case with an accompanying clinical image (e.g. EKG, ultrasound, clinical finding, ventilator graph, etc) with a brief description of the image and a brief clinical pearl. Maximum word count: 400.
Evidence-Based Medicine/Clinical Guideline Review	This is designed to review published research or current clinical guidelines in emergency medicine. These reviews are expected to identify and appraise research studies or clinical guidelines. Minimum word count: 400. Maximum word count: 1,000.
Viewpoint	This article addresses virtually any non-clinical topic in emergency medicine (e.g. reflective writing, ethics, health policy/law). Share with us how you solved a problem, created an initiative, or applied a new idea. Tell us a story, share an experience, or a tip Write about professional experiences, research projects or discoveries, career achievements, innovative practices, professional development, first-person stories and more. Minimum word count: 400. Maximum word count: 1,000.
Critical Drug /Therapeutic Intervention Review	This piece is a brief description of a drug used in emergency medicine. It should include the mechanism of action, indications, contraindications, side effects, efficacy, comparison to other drug classes (when used to treat same conditions). Minimum word count: 400. Maximum word count: 1,000.
Academic/Institution Announcements	This is a 50-75 word piece announcement toward a colleague to mention promotions, new position appointments, retirements, received grant funding, won an award, earned professional recognition, etc.

SASEM Vitals is looking for authors to write articles in the following areas:

Ultrasound
Pediatric EM
Palliative medicine
Geriatric EM
Women in EM

Sports medicine
Telemedicine
Simulation
Faculty development
EMS and disaster EM

Technology in the ED
Education techniques
Career planning
Professional development
Effective leadership

Training tips
Medico-legal issues

General tips:

The first 2-3 sentences should attract the reader's attention. Start with the clinical question/scenario or issue and its importance for emergency medicine practice (e.g. A 64-year-old male patient presents in respiratory distress. He requires emergent endotracheal intubation, however, has a blood pressure of 85/54 mmHg. What is a safe method to secure this patient's airway?).

The first paragraph should include a general summary of the problem and briefly summarize the epidemiology of the disease, condition or issue (e.g. The incidence of peri-intubation cardiopulmonary arrest is 4%).

The next paragraph should include the specific aspects of the clinical problem the article will explore (e.g. For decades anesthesiologists have used push-dose pressor in the operating room as a temporizing measure. Nonetheless, this practice has not fully translated into emergency medicine). Next, the author should describe in detail how the disease, condition or issue will be alleviated (e.g. using push dose pressors to reduce the incidence of peri-intubation cardiac arrest, how to mix push-dose pressors, safety concerns etc).

Finally, the author should conclude the article with their take-home points and a call for action (e.g. Push-dose pressors if implemented correctly will truly reduce the incidence of peri-intubation cardiopulmonary arrest. Therefore, It is encouraged to develop a clear policy and procedure to increase the safety of these drugs in the emergency department).

Article Structure:

Title

Author(s), Title(s), Affiliation(s), Twitter handle

Case scenario (if applicable)

Content

Image (if applicable)

Conclusion/take-home message/call for action

References (AMA style)



What to expect after submitting an article?

- Our article review process will ensure originality and relevance of content, and provide feedback to the author for revision.
- Upon submission of your article, please identify the corresponding author for communication.
- Expect a period of 1-2 weeks for primary review.
- Feedback will be one of 4 responses
 - Accepted without review
 - Provisional acceptance with minor modifications
 - Provisional acceptance with major modifications
 - Article rejected
- If your article is provisionally accepted with revision, we expect you to send it back after modification within a period of not more than 1-2 weeks. Failure to meet the deadline might deem the article rejected.

Timeline for submission

Publication month	Author deadline
March	February 1st
June	May 1st
September	August 1st
December	November 1st

For questions and submissions: newsletter@sasem.org.sa

